

Carroll County Dance Center & Ballet Conservatory
6300 Georgetown Blvd #105, Eldersburg, MD 21784
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(410) 795-3255

New Location!

See our new address above!



Photo by Roger Kylin

**CARROLL COUNTY
DANCE CENTER**



& Ballet Conservatory



Visit www.carrollcountydancecenter.com to register online!

2019-2020 Studio Calendar

First Day of Classes	Tues, September 3, 2019
Thanksgiving Holiday	Nov 26 – Dec 1, 2019
Winter Holiday	Dec 23, 2019 - Jan 5, 2020
Spring Holiday	April 9 – April 15, 2020
Memorial Day Holiday	Mon, May 25, 2020
Last Day of Classes	Mon, June 8, 2020
2020 Summer Session	June 22 – July 31, 2020

Carroll County Dance Center & Ballet Conservatory

CCDC was established by Sandra Woods in 1990 in response to a pressing need for a first rate dance school in the Carroll and Western Howard county areas. Over the past 29 years CCDC has established a reputation as the area's premier dance school. We invite young children, teens, and adult students to participate in year-round programs designed for dancers at all levels, including an intensive pre-professional dance curriculum. Dancers seeking a creative outlet and quality instruction find a comfortable and enjoyable environment for attaining their goals. From professional dancers to adults seeking exercise and personal enjoyment to young children wanting to relish the joy of movement, we offer excellent training at all levels. Individual attention, detailed instruction and correction, and an emphasis on finding fulfillment and joy through self-motivation and personal achievement are all hallmarks of the Carroll County Dance Center philosophy. The Carroll County Dance Center classes are limited in size, with student placement based upon ability and experience. CCDC is moving to a brand new location in August! The new facility, which is located in the Freedom Village shopping center, has four spacious studios, raised flooring, viewing windows, and a student lounge.

Ballet Conservatory and Pre-Professional Division

The Ballet Conservatory provides the opportunity for the dedicated and enthusiastic student to study classical ballet. Students are taught following the principles of the Russian Vaganova method, in conjunction with principles from contemporary training methods. This program consists of a set curriculum of classes designed to guide the serious student into a professional company or a top-notch college dance program. Carroll County Dance Center students have been accepted at numerous schools and companies, often with extensive scholarships. These include Pittsburgh Ballet Theatre, Ballet Met, American Repertory Ballet, Richmond Ballet, Tulsa Ballet, the American Ballet Theatre summer program, Pacific Northwest Ballet, Washington Ballet Young Dancers, the School of American Ballet, Miami City Ballet, Central Pennsylvania Youth Ballet, the Joffrey Ballet trainee program, National Ballet of Canada School, Houston Ballet, Alonzo King LINES Ballet, North Carolina School for the Arts, the Boston Conservatory, Alvin Ailey/Fordham University, Goucher College, Towson University, Baltimore School for the Arts, Butler University, Point Park College, the Boston Ballet School, and the Kirov Academy in Washington, D.C.

Performing Opportunities

Nutcracker 2019: Auditions will be held at CCDC on Saturday, August 24th for ages 6 and up. You are not required to be a CCDC student to audition. Audition times are as follows:

1:00 – 2:30pm	ages 14-adult (dancing roles, bring pointe shoes)
2:45 – 3:30pm	ages 11-13 (bring pointe shoes if you have at least 1 yr experience on pointe)
3:45 – 4:15pm	ages 6-7
4:30 – 5:15pm	ages 8-10

Adults interested in performing character roles should contact the office

**** Parents must be present during the last 15 minutes of the listed audition time to receive important information. ****

Rehearsals will be held on Saturdays and Sundays, September-December and are mandatory. A Nutcracker information meeting will be held at the studio on Monday, August 19th at 7:30pm. Detailed information and a contract will be passed out at the audition. Please call if you have further questions. \$10 audition fee.

Student Concerts are held alternate years and provide a higher level of challenge to the student who desires to rehearse and perform. Student concerts are organized by age group, so that younger students may enjoy a shorter, simpler production while older students can be challenged in a fully professional environment. This year students in our pre-school division (Pre-Ballet 1/2 through Ballet 3) will be invited to participate in a June dance concert. The Ballet Company and some additional classes may be invited to participate in performances throughout the year. We encourage all students over the age of six who enjoy performing to participate in the annual Nutcracker production.

Ballet Company: This performing group allows the motivated student who wishes extra performing experience to dance several times throughout the year in a variety of venues, community events, the Spring Concert, occasional competitions and other performance opportunities. Please contact the Director for more information. Auditions for Ballet Company are held in August and again after the Winter Break.

Youth America Grand Prix: Intermediate and advanced level ballet conservatory students may compete at YAGP. Students who are interested in competing should contact the Director no later than August 1st. Preparation for YAGP requires private coaching for an additional fee.

Bitty Ballerinas

These classes are a great way to introduce children to the world of dance. Bitty Ballerinas Parent/Child is for dancers ages 2.5-3.5 and a caregiver. Parent/Child classes are designed with a special theme each week to introduce very young boys and girls to dance and movement through familiar and creative images. Stories, craft projects, and dress-up days are among the activities offered. Bitty Ballerinas Pre-Ballet and Pre-Ballet/Tap is for dancers ages 3.5-5.0. These classes introduce the fundamentals of ballet or ballet and tap using creativity and imagery. Each class meets once a week in 10 week sessions. Tuition is \$140.00 for each 10 week session.

Dress code: Girls – pink ballet slippers, pink leotard (please no skirts or tutus), pink tights, hair in a bun. Boys – white t-shirt, black shorts, white socks, white or black ballet slippers. Dancers in Pre-Ballet/Tap will need black tap shoes.



Bitty Ballerinas Parent/Child

Tue 9:30-10:15am

Wed 9:30-10:15am

Bitty Ballerinas Pre-Ballet

Thu 5:00-5:45pm

Bitty Ballerinas Pre-Ballet/Tap

Tue 10:15-11:15am

Wed 10:15-11:15am

Session #1: September 10 – November 13, 2019

Session #2: January 7 – March 11, 2020

Session #3: March 24 – May 27, 2020

Dance Classes 2019-2020

Pre-School Division

The Pre-School Division provides an introduction to the study of ballet and/or tap. Children learn to listen and move to rhythm, practice simple floor exercises, and begin to study the fundamentals of ballet posture and alignment. Movement and musicality are explored through creativity and imagery. **Dress code:** Girls – pink ballet slippers, pink leotard (skirts may be worn the first week of each month), pink tights, hair in a bun. Boys – white t-shirt, black shorts, white socks, white or black ballet slippers. Black tap shoes should be worn for classes that include tap.

Pre-Ballet 1&2 and Pre-Ballet/Tap 1&2 (ages 3.5-5.0 by Sept 1, 2019 – no experience needed)

These classes introduce very young children to working independently in a group setting. Parents can observe class through a one-way window. Children learn to listen to and move to rhythm, practice simple floor exercises and explore movement and musicality through creativity and imagery. Sequential movement patterns, simple counting skills and spatial awareness are developed as the session continues.

Pre-Ballet 1&2

Fri 5:15-6:00pm

Pre-Ballet/Tap 1&2

Mon 4:30-5:30pm

Tue 5:30-6:30pm

Sat 10:00-11:00am

Pre-Ballet 2&3 and Pre-Ballet/Tap 2&3 (ages 5.0-6.5 by Sept 1, 2019 – no experience needed)

This class offers continued practice of dance as a means of self-expression. More advanced movement patterns, counting skills and musical awareness are introduced.

Pre-Ballet 2&3

Fri 4:30-5:15pm

Pre-Ballet/Tap 2&3

Mon 5:30-6:30pm

Wed 6:00-7:00pm

Sat 9:00-10:00am

Children's Division

The Children's Division ballet curriculum is an organized syllabus of instruction based fundamentally on the Russian Vaganova syllabus, but incorporating contemporary training methods and up-to-date movement principles. Through movement exercises designed to build coordination, musicality, strength and flexibility this program provides a strong foundation in classical ballet technique and overall dance education. It is intended as a sound preparation for those wishing to continue with the Conservatory and Pre-Professional Divisions. It also provides the necessary foundation so helpful to those wishing to move on to jazz or high school dance teams, or onto performance competition teams. Shorter combination classes are offered for those interested in sampling several different disciplines in a time period appropriate to the school-age child. **Dress code:** Girls - navy blue leotard, pink tights, pink ballet slippers, hair in a bun for ballet, ponytail for jazz/tap, black tights or jazz pants for jazz/tap, black jazz/tap shoes. Boys – white t-shirt, black shorts, white socks, white or black ballet slippers, black jazz/tap shoes. Appropriate comfortable clothing and clean sneakers for hip-hop.

Level 1 (ages 6.5-7.5 by Sept 1, 2019)

Ballet 1

Wed 5:00-6:00pm
Sat 11:00-12:00pm

Additional Classes

Tap 1 Wed 4:30-5:00pm
Tap 1 Sat 12:00-12:30pm

Level 2 (ages 7.5-8.5 by Sept 1, 2019)

Ballet 2

Tue 4:30-5:30pm
Fri 6:00-7:00pm

Additional Classes

Tap 2 Fri 7:00-7:30pm
Jazz 2 Thu 5:30-6:15pm

Level 3 (ages 8.5-9.5 by Sept 1, 2019)

Ballet 3

Mon 6:30-7:30pm
Tue 6:30-7:30pm

Additional Classes

Tap 3 Thu 6:15-7:00pm
Jazz 3 Thu 5:30-6:15pm
Hip-hop I Wed 6:00-7:00pm

Level 4 (ages 9.5-10.5 by Sept 1, 2019)

Ballet 4

Fri 6:15-7:30pm
Sat 9:15-10:30am

Additional Classes

Tap 4 Thu 6:15-7:00pm
Jazz 4 Mon 6:30-7:30pm
Hip-Hop I Wed 6:00-7:00pm

Youth/Teen Division

This division is designed for dancers ages 10.5-15 who are new to ballet, or who study ballet as a support for their jazz, tap and other dance studies. Dancers more interested in the study of ballet, and those wishing to work en pointe should be studying in the Ballet Conservatory Division. A wide breadth of classes is offered, taught by highly trained professional teachers. **Dress code:** Girls - black leotard (*no halter leotards*), pink tights, pink ballet slippers, hair in a bun for ballet, pony-tail for all others, black tights or jazz pants for jazz/tap, black jazz/tap shoes, black footless tights for modern. Boys: black tights, white t-shirt, white socks, white ballet slippers, black jazz pants and black jazz/tap shoes for jazz/tap. Appropriate comfortable clothing and clean sneakers for hip-hop.

Ballet

We offer two ballet classes in the Youth/Teen Division. The beginning class is for students ages 10.5-15 who are learning ballet technique for the first time or have less than two years of experience. The intermediate level is designed for dancers ages 10.5-15 with two or more years of experience who wish to pursue the strength and technique of ballet on a once a week basis.

Youth/Teen Ballet Ages 10.5-15	Thu	7:00-8:15pm
Youth/Teen Int. Ballet Ages 12.5-15	Wed	7:00-8:15pm

Tap

Level 5/6 is for advanced beginning through intermediate tap students (ages 10.5+). Level 7 (ages 13.5+) is for intermediate tap students and Level 8 is for high intermediate through advanced tap students with several years of experience (ages 16+). New students wishing to enroll in Tap 5-8 must first take a placement class to determine the appropriate level.

Tap 5/6 Mon 5:30-6:30pm	Tap 7 Tue 4:30-5:30pm	Tap 8 Tue 6:30-7:30pm
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Jazz

Jazz 5, for ages 10.5 and up, is an advanced beginner through intermediate course focusing on basic jazz technique, with a full warm-up followed by working across the floor and combinations. Jazz 6 (ages 11.5+) and Jazz 7 (ages 13.5+) are intermediate level classes for students with at least 3 years dance experience. A strong warm-up is followed by longer, more complicated combinations. Jazz 8 (ages 16+), is a class for the very experienced student (at least 4 years of previous dance experience are required). A strong warm-up is followed by longer, more complicated combinations including pirouettes, leaps, and working across the floor. An expressive performance is emphasized. New students wishing to enroll in Jazz 5-8 must first take a placement class to determine the appropriate level.

Jazz 5	Mon	6:30-7:30pm	Jazz 6	Mon	4:30-5:30pm
Jazz 7	Tue	5:30-6:30pm	Jazz 8	Thu	4:30-5:30pm

Modern

Modern dance developed as a response to the restrictions of classical ballet. Modern 5 (for ages 10.5 and up) is an introductory course based on the Limon technique. Modern 6 (ages 11.5+) continues the study of Limon technique and introduces Graham technique. Modern 7 is for the intermediate/advanced dancer (13.5+) with previous modern experience and is based on the styles of Graham, Limon, Cunningham and Taylor. Based on Graham technique, Modern 8 (ages 16+) is for advanced dancers with strong previous modern experience. In modern dance students dance barefoot and learn techniques to increase core strength and movement awareness.

Modern 5	Tue	5:45-6:45pm	Modern 6	Sat	9:00-10:15am
Modern 7	Tue	6:45-8:15pm	Modern 8	Sat	10:15-11:45am

Hip-Hop

Get ready to move and get funky with the Hip-Hop classes. Hip-Hop is seen in popular music videos. You will learn various styles including Hip-Hop, Popping, Locking, Wacking and House. Students dance in street clothes with clean sneakers. Girls should wear tops or leotards that won't fall when standing upside down. Hip-hop I (ages 8.5+) is for students with less than two years of dance experience. Hip-hop II (ages 10.5+) is for dancers with at least two years of experience. Hip-hop III (ages 14.5+) is for the experienced dancer.

Hip-hop I	Wed	6:00-7:00pm	Hip-hop II	Wed	7:00-8:00pm	Hip-hop III	Wed	8:00-9:00pm
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Conditioning/Stretch

Drawing on concepts from Pilates and Yoga this class is designed to help create long, lean, strong muscles. Primary focus will be on the core muscles of the abdomen and back with additional upper body and leg exercises. Conditioning/Stretch class is recommended for all dancers ages 12 and up.

Ages 14+	Wed	7:00-7:45pm	Ages 14+	Thu	8:15-9:00pm
Ages 12-14	Thu	6:45-7:30pm			

Performing Groups

CCDC sponsors performance groups for those wishing to perform throughout the year. Students will have the opportunity to perform at community events, local malls, the Spring Concert and occasional competitions. Ballet Company Auditions will be held in August for the Nutcracker (ages 6 and up) and again after the Winter Break for students in Conservatory 6 through Pre-Professional. Additional fees for performing groups include audition fees, costume rental or purchase, a ballet company performance fee and competition entry fees. *Students accepted into Ballet Company must maintain consistent attendance in all of their technique classes in order to retain their performance roles.*

Ballet Company			
Rehearsal	Sat&Sun	afternoon	(times vary)

Adult Division (ages 16 and older)

In order to accommodate the complicated schedules of our adult students all classes in the Adult Division are on a walk-in basis. There is no need to register or sign-up in advance, just check in with the front desk when you arrive for class. All classes are \$15.00. You may purchase a class card good for 10 classes (\$150.00) or pay as you go.

The Adult Division is designed for dancers who want to learn and improve, along with enjoying the opportunity to express their love for dance. Classes promote good technique and alignment, along with physical strength, flexibility, and artistry. Group instruction encourages a community of like-minded individuals to work and learn together, though private instruction is available. Note that the dress code is more relaxed for adults, T-shirts, warm-ups and skirts are acceptable.

Adult Ballet

Loosely based on the Vaganova curriculum, our adult classes offer strong technique with the opportunity to move across the floor in every class. The open level ballet classes are designed for students with at least a basic understanding of ballet technique. Our highly qualified instructors will offer variations for different levels of experience within this class. The beginning level class is for adults trying ballet for the first time or returning from a long absence.

Open Ballet Tue 6:30-8:00pm

Open Ballet Wed 10:00-11:30am

Beg Ballet Wed 7:00-8:15pm

Adult Tap

This fun class will focus on proper instruction of how to articulate your feet and ankles. Drawing on concepts from both Broadway Tap and Rhythm Tap you will explore musicality, rhythm, and syncopation.

Mon 7:30-8:30pm

Ballroom

This class is a perfect preparation for weddings, social events or to begin practicing for the next hot TV dance competition! Classes will consist of the Foxtrot, Waltz, Swing, Rumba & more. Partner not required. Wear comfortable clothes and shoes with smooth leather or suede soles. No spike heels. Ballroom is held in 12-week sessions. The first session will be September 3 – November 19, 2019. Please note that Ballroom classes are not held on a walk-in basis. See registration form for ballroom fees. Fees include free practice time during Open Studio hours. See office for days and times.

Tue 7:30-8:30pm

Additional Classes

Adults are always welcome in our Youth/Teen classes as well. Please see pages 4-5 for information about available Ballet, Tap, Jazz, Modern, Hip-hop and Conditioning/Stretch classes.

Ballet Conservatory Division

Students register for a specific level as determined by the Director. New students must take a placement class before enrolling. Younger students take a Conservatory class in addition to one or more classes from the Children's Division. As dancers become more accomplished, the classes become exclusively limited to Conservatory students. Pre-Pointe and Pointe training begin at an appropriate level when strength and alignment have been sufficiently established. ***Please note that the curriculum for Conservatory classes is such that students may continue in the same level for two or more years in order to cover all the necessary material before moving to the next class.*** The Pre-Professional Program has a set curriculum and fee. Please see page 7 for details. CCDC has established a reputation over the past two decades for creating beautifully accomplished dancers who love what they do. Many students go on to study with company trainee programs and in leading dance programs in colleges and universities across the country, and several have received scholarships from Maryland Scholars in the Arts.

Conservatory 3 (ages 8.5+) Requirements: the class listed below in addition to one or more Ballet 3 classes listed on page 4. Students may also take additional Level 3 classes listed on pages 4.

Sat 10:30-11:45am

Conservatory 4 (ages 9.5+) Requirements: the class listed below in addition to one or more Ballet 4 classes listed on page 4. Students may also take additional Level 4 classes listed on page 4.

Wed 4:45-6:00pm

Conservatory 5 (ages 10.5+) Requirements: all three Conservatory 5 classes listed below. Youth/Teen classes may be taken in addition to Conservatory classes. Modern 5 is highly recommended. See pages 4-5 for additional classes.

Tue Cons 5

4:30-5:45pm

Fri Cons 5

5:00-6:15pm

Tue Modern 5

5:45-6:45pm

Sat Cons 5

10:30-11:45am

Conservatory 6 & Pre-Pointe (ages 11.5+)**Requirements: all three Conservatory 6 listed below. Pre-Pointe & Modern classes highly recommended. See pages 4-5 for additional classes.**

Mon Cons 6	6:30-8:00pm	Thu Cons 6	6:30-8:00pm
Wed Cons 6	5:00-6:30pm	Sat Modern 6	9:00-10:15am
Wed Pre-Pointe	6:30-7:00pm		

Conservatory 7B & Pointe 7B (ages 13.5+)**Requirements: all three Conservatory 7B classes per week. Conditioning & Modern classes highly recommended. See pages 4-5 for additional classes.**

Mon Cons 7B	4:30-6:00pm	Thu Pointe 7B	6:00-6:30pm
Mon Pointe 7B	6:00-6:30pm	Thu Conditioning	6:45-7:30pm
Tue Modern 7	6:45-8:15pm	Thu Conditioning	8:15-9:00pm
Wed Conditioning	7:00-7:45pm	Sat Modern 6	9:00-10:15am
Thu Cons 7B	4:30-6:00pm	Sat Cons 7B	11:45-1:15pm

Conservatory 7A & Pointe 7A (ages 13.5+)**Requirements: all three Conservatory 7A classes per week. Conditioning & Modern classes highly recommended. See pages 4-5 for additional classes.**

Mon Cons 7A	4:45-6:15pm	Thu Pointe 7A	6:00-6:45pm
Mon Pointe 7A	6:15-7:00pm	Thu Conditioning	6:45-7:30pm
Tue Modern 7	6:45-8:15pm	Thu Conditioning	8:15-9:00pm
Wed Conditioning	7:00-7:45pm	Sat Modern 6	9:00-10:15am
Thu Cons 7A	4:30-6:00pm	Sat Cons 7A	11:45-1:15pm

Conservatory 8 & Pointe (ages 16+) Requirements: 3 or more Conservatory 8 classes per week. Additional Conditioning & Modern classes highly recommended. See pages 4-5 for additional classes. See below for information regarding the Pre-Professional Program.

Tue Cons 8	4:00-5:30pm	Thu Cons 8	5:45-7:15pm
Tue Pointe 8	5:30-6:30pm	Thu Pointe 8	7:15-8:15pm
Wed Cons 8	4:30-6:00pm	Thu Conditioning	8:15-9:00pm
Wed Pointe 8	6:00-7:00pm	Sat Modern 8	10:15-11:45am
Wed Conditioning	7:00-7:45pm	Sat Cons 8	11:45-1:15pm

Pre-Professional Ballet Division – By invitation only

This program consists of a set curriculum of classes designed to guide the advanced student into a professional company or a top-notch college dance program. In addition to daily ballet classes, students receive instruction in modern, variations and pointe work. All students participate in the CCDC Ballet Company from which they gain valuable performing experience. Private classes and coaching for YAGP are available if desired. Admission to the Pre-Professional Program is by invitation only. Students interested in applying should schedule a placement class with the Artistic Director. Additional scholarships and work/study programs are available for students with financial need. Please apply for these with the Artistic Director.

Pre-Professional Curriculum Required classes listed below (only 1 conditioning class required):

Mon Pre-Professional	7:00-8:45pm	Thu Cons 8	5:45-7:15pm
Tue Cons 8	4:00-5:30pm	Thu Pointe 8	7:15-8:15pm
Tue Pointe 8	5:30-6:30pm	Thu Conditioning	8:15-9:00pm
Wed Cons 8	4:30-6:00pm	Fri Pre-Professional	3:30-5:00pm
Wed Pointe 8	6:00-7:00pm	Sat Modern 8	10:15-11:45am
Wed Conditioning	7:00-7:45pm	Sat Cons 8	11:45-1:15pm
		Ballet Company	Sat & Sun afternoons

Additional Optional Classes:

Mon Cons 7A	4:45-6:15pm	Wed Adult Ballet	10:00-11:30am
Mon Pointe 7A	6:15-7:00pm	Wed Hip-hop II	7:00-8:00pm
Tue Tap 8	6:30-7:30pm	Wed Hip-hop III	8:00-9:00pm
Tue Adult Ballet	6:30-8:00pm	Thu Jazz 8	4:30-5:30pm